

Greenwich Fertility & IVF Center, P.C.
d/b/a Greenwich Fertility Center

PATIENT CHART NOTE

PATIENT NAME	PATIENT ID:	DOB:
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Date & Time / By	Note
7/20/19 1:00 PM Christine Monroe	<p>5/22/19 - 15 minute conversation with patient to review results of GC blood work and to review next steps. Explained GC blood work demonstrated Negative HCG (pregnancy test) and that per Dr. Meyer, the GC should discontinue all medications. Patient and partner do not feel comfortable working with this GC for another journey. They feel that she was not dedicated to the process. Provided reassurance and emotional support to the patient. Explained that the Agency will work towards finding another GC that will be a better match for the patient and her partner. I explained that I am here to provide her with emotional support at any time and confirmed that she is receiving support from her family and a therapist. She has a very supportive partner and family and also has a therapist that she works with regularly.</p>

Date & Time / By	Note
7/20/19 1:00 PM Christine Monroe	<p>15 minute TO to discuss upcoming screening scheduled for 8/19. Discussed concerns patient had regarding GCs tattoos and reiterated that per FDA guidelines, a carrier cannot proceed with treatment if tattoo received is <1yr or without proper documentation from Tattoo Parlor - stating sterile technique and sterile instruments are used within facility. Patient felt reassured. I explained this is the exact reason the FDA has put these regulations in place.</p> <p>We also discussed her fear of having 2 embryos and with her medical condition, the inability to produce more embryos at this time. We discussed how to express this to the GC without causing more stress/pressure on the carrier. Reiterated that the GC will do her best to ensure this pregnancy is successful.</p> <p>Reiterated to patient that she needs to continue to work on decreasing her own anxiety about this surrogacy journey and reassured her that feeling out of control and anxious is very normal. But that it is helpful to find outlets to decrease and manage the anxiety and stress of this journey. I told the patient to continue to seek support from her therapist. She has weekly appointments that she will continue to schedule. Also discussed meditation, walking, yoga as other ways to relieve stress and increase relaxation. The patients' family and partner are also very supportive. Reassurance provided and patient will call in with any questions or concerns.</p>

Patient Event Notes

Page 1

Affiliated with the New York University Fertility Center and Greenwich Hospital
 Greenwich: 55 Holly Hill Lane, Suite 270, Greenwich, CT 06830 Phone (203) 863-2990 Fax (203) 863-2980
 Westchester: 115 Main Street, Suite 300, Tuckahoe, NY 10707 Phone (914) 793-2990 Fax (914) 793-2170
 Stamford: 1290 Summer Street, Suite 2500, Stamford CT 06905 Phone 203 286 6810 Fax 203 286 6811.