

**Monroe, Christine**

**From:** Monroe, Christine  
**Sent:** April , 2019  
**To:**  
**Cc:**  
**Subject:** timeline and next steps  
**Attachments:**

Hello Everyone,

I hope this email finds you well...

We have set up \_\_\_\_\_, timeline and attached a copy for your review. \_\_\_\_\_ - you will begin your 1st injectable medication, Lupron (subcutaneous injection – which goes in your belly or thigh) \_\_\_\_\_ April 2019. You can take this medication morning or evening. The transfer has been *tentatively* scheduled for \_\_\_\_\_ May 2019. This date is subject to change based on the development of your uterine lining. The time of the transfer will be set up a day or two prior to the procedure. We will keep you updated. Please let us know if any of these dates do not work with your schedule so we can make the necessary adjustments to the timeline.

I have ordered the medications with \_\_\_\_\_ Pharmacy. They will contact you to set up delivery by end of this week. If you have forgotten how to administer any of the medications you can refer to these websites as a refresher + [www.freedommedteach.com](http://www.freedommedteach.com); [www.greenwichlvf.com](http://www.greenwichlvf.com). Elisa and I are also available to speak with you anytime to review. Should you start to run low please call the pharmacy's toll free number and they can overnight any medication you need. You have multiple refills on all of your prescriptions. \_\_\_\_\_ - the pharmacy will contact you directly to set up payment.

Your monitoring appointments are on the following dates: April \_\_\_\_\_ and May \_\_\_\_\_ 2019.

\*I have attached the orders to this email. Circle will locate the monitoring clinic and send out the demographic information\*. Once the clinic information has been clarified, Tiffany will fax over the orders to your local clinic. Please schedule these monitoring appointments in the morning so we can receive the results same day.

\*\* \_\_\_\_\_ - we will need to repeat the infectious disease blood work for you and your partner within 30 days prior to transfer. This can be done at a local LabCorp and I will follow up with the orders and further instructions\*\*

Please confirm you have received this email, review everything and let us know if you have any questions.

Have a wonderful week!

Best,

Christine

Christine Monroe  
Gestational Carrier Coordinator

**Monroe, Christine**

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**From:** Monroe, Christine  
**Sent:** May 3, 2019  
**To:**  
**Cc:**  
**Subject:** results and transfer instructions

Hello Everyone,

We received results from this morning and everything looks great! The Estradiol level was 341 and the Progesterone level was 17.50.

Dr. Meyer would like you to **continue with the same dose of the Estradiol tablets** (3 tabs three times per day) and **INCREASE the dose of the Progesterone in oil to 1.5ml per day.**

Also, the transfer is all set for **May 3 at 12:00pm.** - you will need to arrive with a **FULL bladder** around **am.**, you can arrive at the same time.

The Embryo transfers occur at **Greenwich Hospital -2nd floor, Medical Ambulatory - Watson Pavilion.** The address is: **5 Perryridge Rd, Greenwich, CT.** you can eat and drink, and take all of your medications. The only restrictions are: do not wear any heavy lotions or perfumes and make sure to have a full bladder. Please also bring your photo ID for admitting purposes.

Please confirm you have received this email and please call or email if anyone has any questions.

Good luck Everyone ☺

Have a good night!  
Christine.

**Christine Monroe**  
Gestational Carrier Coordinator

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