

RN Documentation of Comfort Menu items

0910: Pain 10/10 oxy 10 mg given. **Educated pt on transitioning to PO meds vs IV pain meds** Pt was understanding and willing to try PO meds. **Ambulation offered, but denied. Ice packs on. Room quiet and wife at bedside.**

1100: Pt ambulated with PT.

1130: PA took out constavac. Wife at bedside. Pt requesting more pain medicine. Based on pt POSS scale, VS, and pt rating 10/10 pain PA at bedside ordered One time dose of oxy 10mg, RN feels appropriate to administer **ice packs on continuously, T&P** New dose of 15mg prn ordered. **Explained to pt we need to find appropriate oral dose to manage pain** instead of relying on IV pain meds. Pt and Wife understand pain management plan.

1230: Pt reassessed for pain, no grimacing. **lyng comfortably in bed** Respirations even, unlabored. Pt wife reports pt in pain. **pain management plan reinforced with pt, wife** RN and PA at bedside. PA ordered one time 5mg dose of oxycodone to be given now.

1330-1900: Pt in NAD, not requiring additional pain medicine. Due to patients pain status, will continue to manage with non pharmaceutical methods, along with scheduled Lyrica, Valium and Tylenol, IV Ketamine infusing continuously. Pt had established a comfortable pain scale goal to be 5/10; comfortable at present.

Comfort Menu Items:

Education,
Ambulation,
Icepacks,
Positioning,
Calm room
environment,
Visit with family